



TROLLHAUGEN LANGUAGE ARTS AND CULTURE CAMP

THEME: **The Olympics**

DATES: SUNDAY, AUGUST 9–SATURDAY AUGUST 15, 2026

Trollhaugen Language Arts & Culture Camp is held at Deer Valley Meadows, located near Alix, Alberta. We provide a week-long immersion into Norwegian language, history, crafts, and culture. Our volunteers provide course instruction, programs and camp wide activities.

Registration

Registration forms are due by May 15. All children under the age of 18 must be accompanied by an adult that will be actively responsible for them at camp. The adult must sign and submit the Accompanying Adult Consent form. Camp fees include instruction, materials, meals and dormitory accommodation or an RV site.

Camp Fees

Non-member \$495.00, Adult member \$450.00, Seniors \$235.00*, Ages 12-17 \$425.00, Ages 5-11 \$355.00, Ages 3-4 \$175.00 Ages 0-2 \$30.00. A \$30.00 deposit is required for each person applying for camp and must accompany your application. The deposit is **included** in the fees listed above, and a check for the remaining balance may be postdated to June 1, 2026. **Registrations received before May 15, will be entered into a number of draws for a \$50 Butikk credit.**

New Seniors rate* If you are 70 years or older and have collectively attended camp for 15 years or more years then you are eligible for the new fee of **\$235.00*

Contact the registrar (contact information below) for information about possible financial assistance in your area for youth campers.

Refund Policy

Full refund of camp fees will be processed if registration is cancelled one full month before camp begins. One half of camp fees will be refunded if registration is cancelled two weeks prior to camp beginning. Cancellation of registration less than two weeks before camp will be forfeited.

Cancellation must be done in writing by emailing registrar@trollhaugencamp.com

Trollhaugen Society Membership

Membership fee is \$20 per year and may be paid with application if you wish to take advantage of the reduced rate for camp fees. Memberships are for Adults only.

Application Deadline: May 15, 2026

Early application is advised. Please ensure all forms and fees are in order before sending, or your application could be delayed. Refunds require approval by the Board of Directors. Checks and money orders should be made payable to Trollhaugen Language Arts and Culture Camp and mailed along with all required forms to the registrar.

Now you are able to e-transfer your fees to:

registrar@trollhaugenalberta.com Notice of confirmation and receipt for fees paid (or notice of no space available) will be issued.

Staff

NEW - Changes to Fee Structure for Volunteer Instructors and Staff

In order to keep our camp viable and affordable for all campers and families, we strive to keep volunteer staff numbers as low as possible. The expectation is that each staff volunteer will teach (or prep) between 4-6 hours each day at camp. Any staff volunteer who meets this expectation will have their full camp fees waived. If any volunteer staff member wishes to volunteer less hours, they may be assessed a portion of their camp fees. In general, each hour being taught will earn the volunteer 1/4 of their camp fees. The assessment amount is subject to the HR committee review and will be dependent on the volunteer work being performed.



Accommodation

A limited number of dormitory rooms are available. They are shared spaces. Children who have completed grade 4 are assigned rooms (grouped according to grade completed). This allows the children to form lifelong friendships thus, enhancing the overall camp experience. Exceptions are considered and may be made if a request is made and the person is named on the application form. Children who have not completed grade four must stay with the accompanying adult. Dormitory-type accommodation or RV sites are available for adults and families. RV sites have power and there is a dump station on site . Please be sure to include RV size on application form.

Arrival at Camp

Registration at camp begins at 4:00pm on Sunday August 9, 2026 and takes place at the dining hall.

Camp Set Up

Set up begins Sunday Afternoon, please if you can, help to unload the trailer - talk to any board member and they will get you paired with the person in charge.

Departure

Departure date is Saturday August 15 after the program . Make sure your children have all their belongings removed and their rooms clean by 11:00 am for room inspection . If rooms are left in an unacceptable state a **cleanup fee of \$20.00 per person** will be charged.

Culture Activities and Classes

Programs and classes are provided for adults and for children five years of age and older . Parents or guardians are responsible for supervising children under five (*please see Camp Rules*). Children are grouped into classes determined by grade and enrollment . Teens who have completed grade 9 and adults are also grouped by interest.

Potential Culture Programs and Classes

Pending availability of instructors and space

Norwegian Language	Culture
Folkdance	Plattsøm
Ethnic Cooking	Swedish Weaving
Chip Carving	Woodcraft
Knitting	Hardangersøm
Viking Knit	Chain Maille
Rosemaling	Nature Study
Orienteering	Nordic Walking
Pereibroderi (Beading)	

Suggestions for new classes and names of possible instructors are welcome, please advise a board member. To assist us in improving your camp experience please express suggestions or issues to the camp director or a board member.



Vistors

For information on mid-week day camp rates and camp tours, please contact us by email prior to camp at trollhaugenboard@trollhaugenalberta.com. Once at camp please report to the treasurer to pay for all meals provided by the camp (cash or cheque only). Meal prices are Breakfast \$ 11/Adult, \$7/Child, Lunch \$ 14/Adult, \$9 /Child and supper \$17/Adult, \$11/Child. (prices are subject to change)

Saturday Wind-Up

On Saturday, visitors are welcome to come and see our craft exhibit, visit with friends and enjoy our afternoon program. If you are coming for lunch, please let us know by Thursday noon. Price of Saturday Lunch -\$14. *Cash or cheque only.*

Butikk

Norwegian items, t-shirts and souvenirs will be available for sale. Watch notices at camp for location and hours. Consignments are welcome , contact us at darcy@trollhaugenalberta.com.

Cash, credit or cheque only.

Phone Numbers

Deer Valley Meadows: 1-403-747-2121

Trollhaugen President: 1-780-914-4636

Thanks

Trollhaugen Camp would not be possible without the generous support and participation of the Sons of Norway Lodges, Torskeklubben, Sons of Norway Foundation in Canada, Sons of Norway 4th District and individuals. It is important that Trollhaugen members support their local S.O.N lodges in return they support camp and you can continue to practice and celebrate the cultural skills you learn at camp.

For more information about a Lodge near you contact: Sons of Norway International, www.sofn.com or [Sons of Norway 4th District, www.sofn-district4.com](http://www.sofn-district4.com)

To all our volunteers who make this camp so successful, mange tusen takk!